



Hiscoes Christmas Timetable 2020/21

MON 21	TUES 22	WED 23	THURS 24	FRI 25	SAT 26	SUN 27
OPEN 6am–10pm	OPEN 6am–10pm	OPEN 6am–10pm	OPEN 6am–2pm	CLOSED	CLOSED	OPEN 8am – 6pm
	9:30am Yoga	6:30am Spin				
5.30pm Pump	5:30pm Pilates	5.30pm Yoga				9.30am Spin
6.30pm Abs Blast	6.30pm Pump	6:30pm Pilates				
7.00pm Spin	6.30pm Spin					

MON 28	TUES 29	WED 30	THURS 31	FRI 1	SAT 2	SUN 3
OPEN 7am–8pm	OPEN 7am–8pm	OPEN 7am–8pm	OPEN 7am–4pm	CLOSED	OPEN 7am - 8pm	OPEN 8am - 6pm
						
5.30pm Pump		5.30pm Yoga		9.00am Spin	9.30am Spin	
6.30pm Abs Blast	6.30pm Spin			10.00am Pump		

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Reg timetable from Jan 4 *RETROSWEAT returns for 2021 on Thursday Jan 14